

The following list of Long Distance Carriers are available in **Kasson, Mantorville & Rock Dell**.
 Select one Intralata and one Interlata Carrier.

Intralata	Interlata	Carrier	Business	Residential
		Adelphia Business Solutions	877-321-5465	
		Advanced Telecom Network	800-444-2222	800-444-3333
		ADVANTIS	800-869-0996	800-869-0996
		ALTERNATE COMMUNICATIONS	800-798-9556	800-798-9556
		AMERICAN SHARECOM	800-735-3003	800-735-3003
		AMERICAN TELECOM	800-945-3344	800-945-3344
		AMERIVISION/LIFE LINE	800-800-7550	800-800-7550
		AT&T	800-222-0400	800-222-0300
		BROADWING COMMUNICATIONS	800-422-1199	800-422-1199
		CABLE AND WIRELESS	800-486-8686	
		CCC Global Com	800-569-4682	800-569-4682
		COAST INTERNATIONAL INC.	800-877-1118	800-877-1118
		Connect America	800-422-1470	800-422-1470
		DIAL & SAVE	800-209-8133	800-875-9235
		DTI - DIGITAL TEL., INC.	877-742-5384	877-742-5384
		EXCEL COMMUNICATIONS	800-875-9235	800-875-9235
		FURST GROUP	800-233-4736	800-233-4736
		Global Crossing	800-783-2020	800-783-2020
		INTEGRA	800-820-7880	800-820-7880
		Intermedia/Phone One	800-393-0033	800-393-0033
		Ionics Telecommunications	800-483-4444	800-483-4444
		ITI ONCORE	800-825-5533	
		LIGHTYEAR COMMUNICATIONS	800-393-7300	800-393-7300
		MC LEOD USA	800-593-1177	800-500-8000
N/A		MCI WorldCom	800-444-2222	800-444-3333
		MIDCOM COMMUNICATIONS INC	888-465-9516	888-465-9516
		Norlight	800-297-3788	800-297-3788
		NOS Communications, Inc.	800-959-2992	800-959-2992
		NYNEX LONG DISTANCE CO	703-974-3547	703-974-3547
		ONESTAR LONG DISTANCE	800-482-0000	800-482-0000
		ONVOY	800-933-1224	800-933-1224
		Primis Tel	800-226-4884	800-226-4884
	N/A	Qwest	800-244-1111	800-244-1111
		SOURIS RIVER - MINOT	800-737-3822	800-737-3822
		Sprint	888-465-9516	888-465-9516
		Sprint Hospitality Group	800-786-5050	
		SWITCH 2000	507-345-5670	507-345-5670
		Talk America	800-728-3288	800-728-3288
		Telecom USA	800-777-2322	800-777-2322
		Touch America Inc.	800-590-1025	800-615-1025
		Transworld Network	800-950-3015	800-950-3015
		U.S. LINK	800-450-7283	800-450-7500
		U.S. SPRINT	800-877-4646	800-877-4646
		VarTec	800-362-3276	800-362-3276
		VERIZON	800-483-1660	800-483-3737
		WORKING ASSETS	800-789-9253	800-548-2567
		WORLDCOM	800-749-9600	877-673-5587

Intralata Long Distance Carrier = within the 507 area code.
 Interlata Long Distance Carrier = outside the 507 area code.